

Have a Joyful Christmas!

The God of the Mountain and the God of the Valley Journey



January 4, 2023 Betty enjoying her favorite walk at Springwater Conservation. This 5-6 km walk usually happened 2-3 times a week.

January 11th Wayne's first 2023 cycle ride, the last being December 20th.

We have been blessed in so many ways living in SW Ontario.



August 23rd Betty was diagnosed with Pancreatic Cancer. For the next 5 weeks we experienced the **God of the Mountain** as He worked through His people to have an MRI, consultation with the top pancreatic surgeon and an operation. We also were regularly overseen by the President and CEO of Pancreatic Cancer North America.



Two days later. October 2nd she had an emergency surgery due to a malfunctioning staple in the small intestine. This was a septic hit to every part of her body, physically, mentally, etc.

All of the family was home the middle of November for an early Christmas. Our grand daughter Aleena and husband John who are USA military nurses assigned to Honolulu for 4 years had special permission to be here. The first week of December Betty had a big change as she began to eat again and make great strides forward (even wanted to have some Retail Therapy =shopping).



Through all of this, we have been blessed by the **God of Valley** as we have seen our family rise to the occasion, our former church families in Regina and Rexdale and now in St. Thomas be so supportive in many ways. Jennifer and family have made the 6 hour trip from Cincinnati Ohio a number of times. Paul and Haidi who live close by have been great, especially daughter-in-law Haidi who brightens Betty's life whenever she is around. As you see from the picture on the left, from Dec 9th, when Jennifer was here, she along with Paul & Betty all look healthy in a cold breezy walk.

December 21st the Dr. phoned with a good report of a recent CT scan for which we are thankful. Thanks for your care and prayers for us during this season of our lives. (over)

Celebrate the birth of the child Jesus, God with us, who came to be our Saviour.



As one person said “Jesus would prefer us celebrating the Way He lived more than celebrating the day He was born”.

May we in 2024, through our LIVES and our WAYS celebrate how He Lived.



From our house and home in St. Thomas to yours...

Love you lots

Betty & Wayne

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